



The KNIGHT'S FLAME

Holy Spirit Council 11460 • Rochester MN

Vol. 14 No. 6 • June 2009

Council Officers

Grand Knight

Greg Kapraun - 292-9368

gaskkap@aol.com

Chaplain

Fr. Don Schmitz - 280-0638

Deputy Grand Knight

Paul Daley - 775-7012

Chancellor

Steve Kunkel - 289-5068

Recorder

Jerome Lensing - 286-8693

Financial Secretary

Jim Decker - 282-5227

Treasurer

Bill Oertli - 288-0756

Lecturer

Rob Larson - 280-4481

Advocate

John Lawson - 289-7006

Warden

DeWayne Gallenberg - 281-1656

Guards

Steve Nelson - 289-6122

Tim Tracy - 280-0920

Activity Directors

Program Director

Paul Daley - 775-7012

Church Activities Director

Ken White - 280-0917

Community Activities Director

Ken Lentz - 367-4786

Council Activities Director

Mike Riestler - 536-7468

Family Activities Director

Rich Dettinger - 287-6450

Youth Activities Director

Dan Kennedy - 285-5183

Membership Director

Dave Hubka - 282-6090

Pro-Life Activities Coordinator

Steve Kunkel - 289-5068

Newsletter Editor

David Dykstal - 288-3528

dykstal@acm.org

District Deputy

Jeff Bagniewski - 289-3145

Insurance Field Agent

Jim Motz - 206-6216

jim.motz@kofc.org

Web Site

<http://www.kofc11460.org/>

Grand Knight Message

Brother Knights, this is the last message that I will write as your Grand Knight (at least for this term). As I mentioned in my last message the time has come and gone quickly. I have many of you to thank for making my job as easy as it can be. The work that the Knights do for Holy Spirit church and school as well as our community work is very rewarding. In these tough economic times our efforts are needed now more than ever, so I encourage all of you to continue to volunteer, provide support, and come up with new ways that we can practice the Charity, Unity, Fraternity and Patriotism for which the Knights are so well known. There are many challenges that the Catholic Church and the Knights will face in the changing world and we must be willing to take a stand and support our priests, bishops and the Pope against these threats. One of the best ways to do this is to continue to be a vibrant growing organization at Holy Spirit. For those of you who may just pay their dues each year and watch from the sidelines, I encourage you to think about and then act on how you can help. I know that Paul Daley, your next Grand Knight, will appreciate. Paul is still looking for some Brother Knights to step up and help lead our council's activities. Please consider what you can do and contact Paul (775-7012, orsurfmnturf@aol.com) to offer your service. All members need to continue to recruit additional Catholic gentlemen to become new members of our order. I had the goal this year of trying to get to 200 members, while we didn't quite do that we did have 11 new members join during the year and may have a few more join us at our final First Degree of the year on June 18th. Please ask someone to join us and for those fathers, who have sons that are now 18 or older, please ask them to join.

As many of you know, at the May State Convention in St. Cloud, MN our very own Jim Decker was honored with the Minnesota State Knight of the Year award. I am so pleased that Jim was recognized with this honor. His work for the Knights year after year is outstanding and there isn't a more deserving person. If you haven't seen Jim yet, please congratulate him the next time your paths cross.

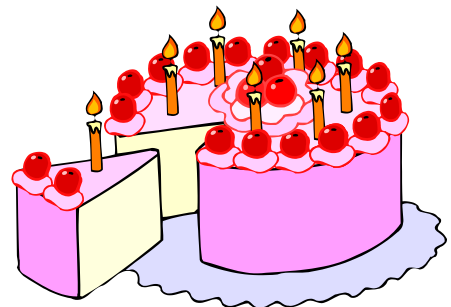
Finally, as I say my goodbyes, I would be remiss if I didn't personally thank my wife Sue, and my sons Alex and Kyle for all their support. I know that I probably dragged them to more than their share of Knights activities over the past few years and I appreciate all they did behind the scenes to assist me. I'm not sure how I would have done it all without them. I love you, Sue, Alex, and Kyle!

Vivat Jesus!

Greg Kapraun, Grand Knight

Birthdays

Knights with birthdays in June are Lawrence Swantko, Terry Barker, William Oertli, Jonathan Jones, Jerome Lensing, Jeff Block, Greg Rowekamp, Russell Real, Dan Kennedy, John Lawson Sr., Tod Bellrichard, Dave Nissen, Jim Chihak, Tim Burriss, Pete Myszkowski, Bernie Allen, and Jim Bier. Hope you all have a great birthday this month!



Prayer Requests

For Mary Burke, wife of Charles Burke, mother of Carrie Burke-Dykstal who is the sister-in-law of David Dykstal of our council. Mary passed away on June 6, 2009 in Sioux Falls, SD.
For Ralph Swatek, beloved uncle of Ann Dykstal. Ralph passed away on June 2, 2009 in Cedarburg, WI.

Calendar

Council Meeting

Thursday, June 11th, 7:30 p.m.
Holy Spirit Emmaus Room

VBS Stage Set Up

Sunday, June 14, after 6:00 p.m. Mass
Holy Spirit Gym

First Degree

Thursday, June 18, 7:30 p.m.
Pax Christi

VBS Stage Take Down

Friday, June 19, beginning at noon
Holy Spirit Gym

Insurance Spotlight - Long Term Care

Jim Motz

Why even consider long term care?

With all the advances in medicine and improved health care life expectancy has increased. The bad news is that too many people are not prepared financially to live long lives. In particular, the cost of long-term, custodial care, can lay waste to even the best retirement plans.

A 2005 study found that 69% of people turning 65 years of age will need some long-term care before they die. Women are at a higher risk than men with 79% of women turning 65 years of age needing some long-term care and 58% of men turning 65 needing some long-term care. Among those turning 65 years of age, 44% will need less than 1 year; 30% will need 3-5 years; 12% will need 5 or more years. On average, private nursing home care can cost upwards of \$78,000 per year. You may be able to manage with at-home nursing care. Yet this option, too, can be quite expensive: such services can cost over \$55,480 per year in the US for eight hours of service, 365 days a year.

Average yearly nursing home costs are approaching \$60,000 per year. Long term care premiums for a typical 60 year-old could be paid for 20 years without surpassing a stay at a nursing home.

The Knights have not raised their long term care premiums for eight years and are recognized for having one of the best products in the market. If you wish information please don't hesitate to call. An individual plan specific to your needs may be worth your time and consideration when you look at the alternatives.

VBS Help!

Ken White

Vacation Bible School is coming up in the middle of June. Ken White is looking for volunteers to help set up and take down the stage. Set up will be Sunday June 14 after 6pm Mass. Take down will be the following Friday, June 19, beginning at noon. If you can help contact Ken now so that he doesn't have to do this himself! Ken can be reached at kdw4409@charter.net or 280-0917.

Minnesota Knight of the Year - Jim Decker!

Jim Decker, our esteemed Financial Secretary, has been named the Minnesota Knight of the Year at the State Convention. Pictures of this event, and his recognition at Holy Spirit have been posted on our web site. I've also posted the nomination letter written by our outgoing GK, Greg Kapraun. If you haven't already, please take a minute and congratulate Jim on this honor.

Little Known Saint of the Month

David Dykstal

LKSOTM is taking a short break. Back (hopefully) in July!

The End Is Near Here!

David Dykstal



We plan on stopping most of our paper newsletter mailings after this issue. We now have copies of the newsletter available in the green kiosk near the church office. However, if you really need one mailed to you we can still do that. Call me at 288-3528 or talk to any council officer to arrange this. The latest newsletter is, of course, always available on our web site and I try to have it there a few days before our council meeting. As far as I can tell, the following folks on our hardcopy mailing list are neither continuing a hard copy nor have they signed up for the email distribution. If you see your name to the

right please send me a note (dykstal@acm.org) with your email address and I'll make sure you are added to our NOTICES and NEWSLETTERS mailing lists.

John Attinella	Gregory Laughland
Terry Barker	John Lawson Sr.
Jeremy Bodensteiner	Curtis Louwagie
Douglas Cederholm	James Mathews
Dennis Clark	Pete Myszkowski
John Devlin	Kevin Rademacher
Tom Dube	Paul Schneider
Greg Eaton	Judson Stiglich Jr.
Peter Freiburger	Tom Suther
Jeffrey Huebert	Lawrence Swantko
Brent Johnson	Tim Tracy
Scott Johnson	John Wilke
Dave Kulzer	Ken Mueller

Knights of Columbus Council #11460

This is a synopsis of the official minutes of the General Council Business Meeting held on May 14, 2009

submitted by Jerome N. Lensing.

Opening

Grand Knight Greg Kapraun called the meeting to order at 7:45 p.m. in the library of Holy Spirit School. Greg led the group in the Lord's Prayer and the Pledge of Allegiance. The Role of Officers was called: Grand Knight Greg Kapraun, Deputy Grand Knight Paul Daley, Chancellor Steve Kunkel, Recorder Jerome N. Lensing, and Financial Secretary Jim Decker were present. The minutes of the April, 2009 meeting were approved. No Form 100's were read.

Officers Reports

Grand Knight Report

Due to work being done in the school library, our June Council Meeting will be held in Emmaus Room. We will be voting on the slate of new officers for the Council. The Cub Scouts, sponsored by Holy Spirit Parish, are looking for Charter Organization Representative, if interested contact Greg. Greg thanked all who helped with the Tootsie Roll Drive and the Youth Choir Brunch.

Financial Report

Jim Decker presented income and expense reports for April – May, 2009 (Receipts - \$290.00; Payments - \$567.92). Financial health of the council is in excellent shape, due to a number of successful fundraisers. Memberships not paid - 4.

Directors Reports

Membership Director – Greg Kapraun (for Dave Hubka): There will be a First Degree on June 18th at Pax at 8 p.m., candidates

be there by 7:30.

Old Business

Steve Kunkel thanked all the helped with the Tootsie Roll drive last weekend, very successful with a variety of weather! A total of \$3404.02 was collected. Check out the last newsletter for the details.

New Business

A motion was made, seconded and approved for \$200 donation to Bishop Harrington's 50th Anniversary Celebration. Motion was made, seconded and approved to provide a \$125 donation to the Guesthouse Bishop's Reception to be held on June 22nd, 2009. Jim Decker discussed the possibility of providing funds for the Honor Guard for Veteran trips to Washington.

District Deputy Report

DD Jeff Bagniewski thanked the Holy Spirit First Degree Team for all the work that they do for the district and the area. July installation of officers will be at our annual summer event. Jeff and many Rochester council members will be at the State Convention this weekend.

Good of the Order

Prayers were offered by the Grand Knight. Meeting adjourned at 9:00 p.m.

